



Co-funded by
the European Union

Erasmus Plus 2024-1-IT02-KA121-SCH-00021439

Accreditamento 2024-2027

Report “Job Shadowing” Escola Básica e Secundária da Madalena, Madalena, Pico (Azores), Portugal 03/03/2025 – 07/03/2025

"During the mobility, I and my colleague shared the Carnival celebration with Portuguese colleagues, which is very popular in their country, actively participating in its preparation. Subsequently, I attended Physical Education lessons at Escola Secundaria da Madalena, assisting Portuguese colleagues. After the lessons, we visited the island's natural sites and surrounding villages, discovering a different reality and culture.



Immersion in a different linguistic environment allowed me to acquire a greater fluency and confidence in using the foreign language, improving the ability to work in teams, leadership, time management, and the ability to present one's methodologies and content effectively, for greater interaction with other realities. In the host school, the spaces dedicated to physical activities were large and usable by multiple groups simultaneously; this allows teachers to work with open classes and, above all, to adapt to groups of students not from their own class. I observed and learned different teaching methodologies; the knowledge of new tools and technologies applied to physical activity. I learned sports and recreational activities typical of the host country, expanding my personal repertoire of skills and knowledge. I was offered the opportunity to observe how teachers organize activities with a group of differently-abled students well integrated with able-bodied students, experiencing true integration, always by virtue of the open class principle, acquiring a more open and inclusive competence, fundamental in working with heterogeneous groups.



The Erasmus mobility experience in the education sector allowed the acquisition of specific and transversal skills that enrich the professional and personal profile, preparing one to face the challenges of an increasingly globalized world. Knowing and interacting with colleagues from other European countries offers the opportunity to create a network of effective international contacts to further raise awareness of the sense of belonging to a united Europe."

Written by Maddalena Iride

